

## *Record Book Information and Tips*

- Record book pages can be found on the Extension Racine County website. Record books may be filled out digitally or a paper copy may be printed out.
- There are permanent record book pages that are added to each year as well as annual pages specific to the current year, be sure to include all of the pages in your record book. Be sure to fill out a project page for each individual project you were involved with this year.
- Remember to take your time, recording accurately and neatly.
- Feel free to include photos, programs, certificates, newspaper clippings (Tucker Times, the local paper, or other media references), etc.
- **Don't forget that parents and 4-H members both need to sign the record book either digitally or on the paper copy!**
- **Record books are due the third Monday in August.**
- If you have any questions, be sure to ask a general leader. We're here to help!
- Use the questions and suggestions below for writing the reflection of your 4-H year:

### **Reflection Questions for 4-H Story:**

This is a list of questions to get you started in thinking about your year. There is no need to answer every question, just do your best to incorporate the ideas related to your experiences this year .

- What did you do in 4-H this year?
  - Activities could be listed chronologically or by 4-H level, i.e. club, county region or state.
- What projects did you participate in this year?
  - Why are your projects important to you?
  - Most/least favorite aspects
  - Easiest/most challenging aspects
  - What problems came up and how did you handle them?
  - Can you use the skills you've learned in your projects in other life situations?
  - What advice would you have for someone who is new to your project?
- Did you try anything new this year?
  - Describe the new experience or skill.
  - What did you learn through the new experience?
  - How will you use this skill in the future?
  - What did you learn about yourself by trying something new?
  - What new experiences will this lead you to try in the future?
- How does your participation in 4-H activities relate to other parts of your life?
- How has your participation in 4-H changed over the years?
- What new opportunity in 4-H will you try next year?